## STARTERS & SALADS

BASKET OF VIENNA BREAD 10 | served warm with your choice of marinara or olive oil & balsamic vinegar

SPINACH & ARTICHOKE DIP 18 | great for sharing, house-made creamy spinach & artichoke baked dip with tri-colour tortilla chips

TUNA POKE 22 | yellowfin tuna marinated with sesame oil, rice vinegar and soya, served in crispy wonton cups on a bed of fresh greens

MUSSELS 24 | cooked to perfection, with your choice of sauce; Sambuca cream sauce, garlic white wine or marinara

FLINT FRIES 9 | served with our famous Flint dip, garlic basil aioli | make it a poutine +3 pulled pork poutine +13

ARANCINI 18 | risotto and parmesan cheese rolled in breadcrumbs, fried and served with our marinara sauce

SWEET POTATO FRIES 10 | with chipotle aioli

ONION RINGS 12 | with our famous Flint dip

STEAK AND BLUE CHEESE FLATBREAD 20 | grilled ciabatta bread with Monterey Jack cheese, prime rib, sautéed onions, and crumbled blue cheese

BRUSCHETTA FLATBREAD 16 | grilled ciabatta bread with cream cheese base, and a blend of juicy tomatoes, zesty garlic topped with a balsamic glaze and feta

SOUP OF THE DAY | cup 6 / bowl 10

| bowl served with grilled ciabatta bread

FLINT SALAD 18 | romaine, blue cheese, apricots, cranberries, red onion, heirloom tomatoes with your choice of dressing

CAESAR SALAD 17 | romaine lettuce, croutons, apple-smoked bacon and parmesan cheese tossed in house-made dressing

GREEK SALAD 17 | romaine, red and green pepper, tomato, red onion, cucumber, Kalamata olive, feta cheese tossed in house-made dressing

MIXED GREENS 15 | artisan greens, red and green peppers, heirloom tomato, cucumber, carrot and red onion with your choice of in house made-dressing

ADD GARLIC BREAD +1.5 ADD CHICKEN +7.5 ADD STEAK +8.5 ADD SHRIMP +8.5

## **LUNCH & HANDHELDS**

SERVED WITH FRIES, SOUP OR GREENS - UPGRADE TO A CAESAR OR GREEK SALAD+4 ONION RINGS+5 SWEET POTATO FRIES+1 POUTINE+4

on a brioche bun
| add cheese +2, bacon +2, make it a double +5

GRILLED OR CRISPY CHICKEN BURGER 21 | seasoned chicken breast, lettuce, tomato and mayonnaise on a brioche bun

PRIME RIB FRENCH DIP 26 | shaved AAA prime rib, pickled mushrooms, onions and Swiss cheese served on grilled ciabatta and au jus

SMOKED BEEF BRISKET 23 | slow roasted brisket, onions, swiss cheese, pickled mushrooms, horseradish mustard on grilled rye bread

PHILLY CHEESE STEAK SANDWICH 25 | grilled and sliced, prime rib topped with vegetable blend and a house made cheese sauce on a grilled Vienna Roll

PULLED PORK SANDWICH 22 | slow-roasted BBQ pork, monterey jack and crispy onion rings served on a grilled brioche bun

GRILLED VEGETABLE SANDWICH 19 | seasonal veg, spinach, avocado, shredded cheese with house-made basil oil on grilled rye bread

CRISPY CHICKEN STRIPS 19 | house made chicken strips with choice of honey dill, sweet sriracha or BBQ dipping sauce

TACOS (3) 21 | with your choice of chicken, steak, or battered fish; shredded lettuce, Pico de Gallo, cheese, sour cream and salsa

## **PASTA & MAINS**

## PASTAS SERVED WITH GRILLED GARLIC CIABATTA BREAD

FLINT MAC AND CHEESE 24 | bacon, four-cheese blend and parmesan bread crumbs | add jalapeno +2 add lobster +12

CHICKEN BACON ALFREDO 26 | fettucine noodles in a classic cream sauce with sun-dried tomatoes and parmesan cheese

PESTO CHICKEN PASTA 26 | fettucine noodles sautéed with garlic pesto cream sauce, mushrooms, tomatoes, onions and peppers

- ✓ GODDESS LINGUINE 22 | with sundried tomatos, olives, artichokes, and fresh spinach in a spicy garlic white wine reduction
- VEGETABLE STIR FRY 22 | array of seasonal vegetables with your choice of teriyaki or sweet chili sauce served on a bed of rice or chow mein noodles
- SEAFOOD ARRABIATA 36 | linguine noodles dressed in a spicy sambal tomato sauce, spinach, with baby clams and grilled shrimp

SEAFOOD THERMIDOR 38 | linguine noodles sautéed with shrimp and lobster tossed in a rich and creamy white wine sauce

MAINS SERVED AFTER 4 PM WITH SEASONAL VEGETABLES AND CHOICE OF HERB ROASTED BABY POTATOES, RICE MEDLEY OR FRIES

AAA PRIME RIB 50 | 12oz marinated, slow roasted, ask your server for our Atomic horseradish

RIBEYE STEAK 44 | 10oz AAA grade rich, full flavoured and juicy cut

NEW YORK STRIP 39 | 10oz AAA grade firm, full bodied and tender cut

SOUTHERN FRIED CHICKEN 29 | crispy breaded boneless chicken thighs drizzled with a honey sriracha glaze

CANTILEVER CHICKEN 29 | chicken breast stuffed with spinach, brie, bacon and caramelized onion, topped with smoked maple-bacon jam

ATLANTIC SALMON 38 | wild Atlantic catch; grilled and served with your choice of lemon caper cream, honey dill or mango habanero sauce

WALLEYE YOUR WAY 28 | locally caught walleye, served pan-seared or breaded | when available

SURF YOUR TURF WITH GRILLED SHRIMP +8.5
ADD ONS +2.25 -MUSHROOMS -ONIONS -PIMENTO SAUCE